



# VILLAGE CROSSING

2480 Waterside Drive • Frederick, MD 21701

## September's Theme Is Education!

Education is crucial because it empowers you with the knowledge and skills needed to understand and navigate the world. It opens up various opportunities for better career prospects and personal growth, helping you make informed decisions about your life. Beyond individual benefits, education also enables you to contribute positively to society, tackle challenges, and drive innovation. Overall, it's essential for both personal development and creating a better future.

Generations need to continue educating themselves because the world is constantly changing and evolving. New technologies, ideas, and challenges emerge all the time, so staying informed and adaptable is crucial. Continuous learning helps individuals keep up with these changes, improving their skills and understanding in a rapidly shifting environment. It also ensures that societies can address new problems effectively and innovate to improve quality of life. By committing to lifelong education, people can remain relevant, solve modern issues, and contribute positively to their communities and the world.



## September 2024



September is a month full of exciting beginnings and cherished traditions. It marks the return to school, with students and teachers alike diving into a fresh academic year full of potential and promise. The energy of new classes, reunions with friends, and the thrill of learning create a vibrant atmosphere in communities everywhere. It's also the kick-off to football season, a time when fans gather to cheer on their favorite teams, enjoy spirited tailgates, and celebrate the camaraderie that the sport brings. The excitement of game day and the joy of fall games create a sense of unity and enthusiasm that energizes the season. Additionally, September is recognized as Assisted Living Week, a special time to honor and celebrate the seniors who reside in assisted living communities. It's an opportunity to show appreciation for their contributions, to highlight the care and support provided, and to engage in activities that bring joy and connection to the lives of residents. Keep a lookout for the calendar, as we are going to have activities and events for all that September has to offer!

## In Remembrance of 9/11

Described as “a tribute to the past and a place of hope for the future,” the 9/11 Memorial in New York City honors all who lost their lives on Sept. 11, 2001.

Built on the site of the former World Trade Center complex, the memorial’s focal points are two reflecting pools that sit where the north and south towers once stood. Water cascades 30 feet over the pools’ black granite walls, creating massive waterfalls. Inscribed on the bronze railings surrounding each pool are the names of the 2,983 victims of the 9/11 terror attacks and the Feb. 26, 1993, bombing of the World Trade Center.

A park with over 400 trees surrounds the memorial and includes a special symbol of resilience, the Survivor Tree. The damaged pear tree was found during the cleanup at ground zero and rehabilitated.

The memorial was dedicated in 2011, on the 10th anniversary of 9/11. In 2014, the underground 9/11 Memorial Museum opened and displays thousands of artifacts and multimedia exhibits.

Another powerful memorial that commemorates the historic date is New York City’s annual Tribute in Light. From dusk to dawn on Sept. 11, dozens of searchlights are used to create two beams of light that resemble the former twin towers standing within the city’s skyline.



## Activities



Our team celebrating a HUGE milestone!



Our residents love helping us stuff our backpacks for the annual SageLife Associate Backpack Giveaway!



Another great session of Amy’s Art Club!

## NFL Fun Facts

This time of year, NFL fans are all about the grit and glory on the gridiron. Here are a few fun football facts to kick around:

- The NFL was founded in 1920 in Canton, Ohio, which is now home to the Pro Football Hall of Fame.
- In 1933, the league stopped using the Collegiate Rules Book and began to develop its own rules.
- As a rookie in 1934, Beattie Feathers became the first player to rush for 1,000 yards in a season.
- A 1939 matchup between the Philadelphia Eagles and the Brooklyn Dodgers was the first televised football game.
- NFL players were not required to wear helmets until 1943.
- The 1972 Miami Dolphins became the first NFL team to have a perfect season. Their 17–0 record culminated with a win at Super Bowl VII.
- Deion Sanders is the only athlete who has played in both a Super Bowl and a World Series.
- In 2015, the league hired its first full-time female referee, Sarah Thomas.



## Adopt a Class!

Each year, SageLife communities join forces with a local school class to stay connected throughout the school year. Over the past year, we've enjoyed partnering with the Learning Bee for various activities that have enriched both their students and our residents.

This year, Village Crossing is thrilled to continue this partnership with the Learning Bee, who have visited us several times already. We value their presence and are excited to further strengthen our intergenerational bonds.

Our collaboration will feature a variety of activities, including

student visits, crafts, holiday programs, and story times. Additionally, our Village Crossing residents, with their extensive educational backgrounds and rich knowledge, are eager to offer their support and encouragement. We're fortunate to have such a meaningful inter-generational connection right here in our community!



## Month at a Glance



**September 4th:** 11am- Movie outing to Warehouse Cinema's to see *Reagan*.

**September 11th:** Visit from the Learning Bee, we will work together to complete a craft!

**September 18th:** 11:30am: We are heading Downtown Frederick to eat lunch at Brewer's Alley.

**September 25th:** 11:30am: Memory Care outing to Ledo's Pizza.



## Upcoming Community Events

9/3- Bryan Herber on Piano @ 3p

9/8- Don Driskill performs a Magic Show @ 3p

9/9- Dale Jarrett Sings @ 2p

9/12- Bingo Night for The Walk to End Alzheimer's @ 6:30p

9/13- Echoes of Nature @ 2p

9/16- Steve Flynn as Frank

Sinatra @ 3p

9/19- Steve Little on Guitar @ 3p



## A Rave Review for the King!

"It was a stellar engaging performance that had the room singing with with him or just laughing. Honestly, it was the most I had laughed in a long time. Even Ellen was entertained and fully engaged.

Whether it was his bright white jumpsuit with tassels and beads, his gyrating 1950s rock and roll captivating dance moves, Elvis like voice or, his storytelling ability he had the audience mesmerized. Kudos to you on picking a winner to come in the building. He had the talent to bring so many residents with memory issues back down memory lane with the music of the KING." - Mark S.



# Crossword Puzzle

1	2	3	4	5	6		7	8	9	10		11	12	13
14							15					16		
17							18					19		
			20				21			22		23		
24	25	26					27		28			29		
30			31		32					33	34			
35				36				37				38	39	40
41										42		43		
44				45		46	47			48				
			49						50			51		
52	53	54				55						56		
57				58	59		60		61	62	63			
64				65		66			67			68	69	70
71				72					73					
74				75					76					

## ACROSS

- New York Island
- Do up shoes
- Hero sandwich
- Tropical fruit
- Sailor's "hey"
- Card game
- Peaks
- Harvard's rival
- Compass point
- Potato state
- Attack violently
- Hat
- Often poetically
- Ceases
- Brand of sandwich cookie
- Head official on field
- Angel
- Trim
- Jeep grill protective covering
- Seize and throw to ground
- Fiddle
- Fire remains
- Volcano in Italy
- Give in
- Ball thrown or tossed backward
- Adolescent
- Healing plant
- Cooking measurement (abbr.)
- Pacific Time
- Stop opponent in its own end zone

## DOWN

- Resort hotel
- Strike lightly
- Imitate
- Cab
- Looked at
- Space administration
- Firings
- Expression of surprise
- Fizzy drink
- Sight organs
- Lazy \_\_ (turntable)
- Uninvited
- End of season reward for college teams
- Garden tool
- Perceive
- \_\_ Rica
- Regions
- Bird seat
- Yards needed for a first down
- Tree that grows acorns

## ACROSS

- Mr. Butler in "Gone With the Wind"
- Team played often and disliked
- Great
- Supplication
- Sound
- Travels on
- Regarding
- Halloween mo.
- Gain
- Armory
- Downwind
- Inclined
- Resource
- Cowboy rope
- Many times
- Russian ruler
- Meditation
- Mid-game break
- Tub spread
- Celebrity
- French "yes"
- Hard-boiled food
- Regret
- Position



ALZHEIMER'S ASSOCIATION

# BASKET BINGO NIGHT



THURSDAY SEPTEMBER 12TH @ 6:30PM

HOSTED BY VILLAGE CROSSING IN THE LOWER LEVEL

\$10 ENTRY GRANTS YOU:

PACK OF GAME BOARDS AND DAUBER

1 BEVERAGE (BEER, WINE AND N/A OPTIONS AVAILABLE)

TICKET ENTRY FOR A DOOR PRIZE

SNACKS WILL BE AVAILABLE FOR DONATIONS

ALL PROCEEDS WILL BE DONATED TO THE WALK TO END ALZHEIMER'S