

SUN	MON	TUE	WED	THUR	FRI	SAT
9:45 AM Virtual Seated Exercise (DIY Room) 1 10:15 AM Daily Chronicle (AL LR) 11:00 AM In-person Catholic Mass with Father Shea (IL Theater) 1:00 PM Pre-Labor Day Luau (Courtyard) 3:30 PM Rummikub (AL LR)	Labor Day 9:30 AM Virtual Exercise Video (2nd FL DIY Room) 2 10:00 AM Daily Chronicle (AL DR) 11:15 AM Gentle Seated Exercise Video (2nd FL DIY Room) 1:00 PM Beginners Bridge (Library) 1:30 PM Walking Club (Meet in AL Lobby) 2:00 PM Courtyard Cocktails & BINGO Happy Hour (AL Courtyard) 3:00 PM B.I.N.G.O (TH)	9:30 AM Aqua Aerobics w/ Don 3 10:00 AM Daily Chronicle (AL DR) 11:15 AM Gentle Seated Exercise with Don (2nd FL DIY Room) 1:30 PM Remember the Day Trivia & Water Ice Social (AL Courtyard) 2:30 PM Rummikub (AL LR) 4:00 PM Happy Hour (R5 Pub) 7:15 PM Socrates Cafe Discussion Group (TH)	9:30 AM Move for Life with Don (2nd FL DIY Room) 4 10:00 AM Daily Chronicle (AL DR) 11:15 AM Gentle Seated Exercise with Don (2nd FL DIY Room) 1:30 PM Movie Matinee- Book Club (AL TH) 3:00 PM Rosary (AL Card Room) 4:00 PM Happy Hour (R5 Pub) 7:00 PM Live Entertainment w/ Carmen Tornabe (R5 Pub)	9:30 AM Aqua Aerobics w/ Don 5 10:00 AM Daily Chronicle (AL DR) 11:15 AM Gentle Seated Exercise with Don (2nd FL DIY Room) 1:00 PM Music with Pat (3rd FL Living Room) 2:30 PM Courtyard Conversation & Refreshments (AL Courtyard) 4:00 PM Happy Hour & Trivia (AL Bar) 7:15 PM Trivia Night with Jerry Cohen (R5 Pub)	9:30 AM Move for Life with Don (2nd FL DIY Room) 6 10:00 AM Daily Chronicle (AL DR) 10:30 AM Paint By Numbers (Art Studio) 11:00 AM Beginners' Bridge with Judy Bernstein (Card Room) 11:15 AM Gentle Seated Exercise with Don (2nd FL DIY Room) 1:30 PM Rummikub (AL LR) 2:30 PM Ping Pong with Don (FS) 4:00 PM Happy Hour (R5 Pub) 6:30 PM Shabbat Service - Congregation Beth Or (TH)	9:45 AM Virtual Seated Exercise (DIY Room) 7 10:15 AM Daily Chronicle (AL LR) 11:15 AM Mixed Media (2nd Floor DIY Room) 1:00 PM Beginners Bridge (Library) 1:15 PM Rummikub (AL LR) 1:30 PM 501 GIANT Crossword Puzzle (Livingroom) 2:30 PM Saturday Movie Matinee- The Graduate (AL TH)
9:45 AM Virtual Seated Exercise (DIY Room) 8 10:15 AM Daily Chronicle (AL LR) 11:00 AM In-person Catholic Mass with Father Shea (IL Theater) 2:00 PM Arts & Crafts (2nd Floor DIY Room) 6:30 PM Movies To Talk About (TH)	9:30 AM Move for Life with Don (2nd FL DIY Room) 9 10:00 AM Daily Chronicle (AL DR) 11:15 AM Gentle Seated Exercise with Don (2nd FL DIY Room) 1:00 PM Beginners Bridge (Library) 1:30 PM Education and How we Learn; Presented by George Johnson 1:30 PM Walking Club (Meet in AL Lobby) 2:00 PM AL Shopping Shuttle (Dollar Tree) 2:00 PM Mah Jongg for Beginners (Card Room) 2:15 PM Courtyard Conversation & Refreshments (AL Courtyard) 3:00 PM B.I.N.G.O (TH) 4:00 PM Happy Hour & Trivia (AL Bar)	9:30 AM Aqua Aerobics w/ Don 10 9:30 AM Women's Coffee Social (TH) 10:00 AM Daily Chronicle (AL DR) 11:15 AM Gentle Seated Exercise with Don (2nd FL DIY Room) 1:30 PM Name That Tune (AL LR) 2:30 PM Rummikub (AL LR) 4:00 PM Happy Hour (R5 Pub) 7:15 PM Socrates Cafe Discussion Group (TH)	9:30 AM Move for Life with Don (2nd FL DIY Room) 11 10:00 AM Line Dancing with Don (2nd FL DIY Room) 10:00 AM Daily Chronicle (AL DR) 11:15 AM Gentle Seated Exercise with Don (2nd FL DIY Room) 1:30 PM Movie Matinee- Quartet (AL TH) 3:00 PM Rosary (AL Card Room) 4:00 PM Happy Hour (R5 Pub) 7:00 PM Live Entertainment w/ Derrick Baldwin (R5 Pub)	9:30 AM Aqua Aerobics w/ Don 12 10:00 AM Daily Chronicle (AL DR) 10:30 AM AL Trip (Meet in AL Lobby) 11:15 AM Gentle Seated Exercise with Don (2nd FL DIY Room) 1:00 PM Instructional Painting with Judy Peters (Art Studio) 2:30 PM Crossword Puzzle Trivia (AL LR) 4:00 PM Happy Hour & Trivia (AL Bar) 7:15 PM Trivia Night with Jerry Cohen (R5 Pub)	9:30 AM Move for Life with Don (2nd FL DIY Room) 13 10:00 AM Daily Chronicle (AL DR) 10:30 AM Paint By Numbers (Art Studio) 11:00 AM Beginners' Bridge with Judy Bernstein (Card Room) 11:15 AM Gentle Seated Exercise with Don (2nd FL DIY Room) 1:30 PM Rummikub (AL LR) 2:30 PM Ping Pong with Don (FS) 4:00 PM Happy Hour (R5 Pub) 4:00 PM Happy Hour with live music by Marcus Chaney (The R5 Bar) 7:30 PM Shabbat Service - Congregation Beth Or (TH)	9:45 AM Virtual Seated Exercise (DIY Room) 14 10:15 AM Daily Chronicle (AL LR) 10:30 AM Visit from the Falcon Man (3rd Floor DIY) 11:15 AM Mixed Media (2nd Floor DIY Room) 1:00 PM Beginners Bridge (Library) 1:15 PM Rummikub (AL LR) 1:30 PM 501 GIANT Crossword Puzzle (Livingroom) 2:30 PM Saturday Movie Matinee- Calendar Girls (AL TH) 3:45 PM Bingo (AL Card Room)
9:45 AM Virtual Seated Exercise (DIY Room) 15 10:15 AM Daily Chronicle (AL LR) 11:00 AM In-person Catholic Mass with Father Shea (IL Theater) 2:00 PM Arts & Crafts (2nd Floor DIY Room)	9:30 AM Move for Life with Don (2nd FL DIY Room) 16 10:00 AM Daily Chronicle (AL DR) 11:15 AM Gentle Seated Exercise with Don (2nd FL DIY Room) 1:00 PM Beginners Bridge (Library) 1:30 PM Walking Club (Meet in AL Lobby) 2:00 PM AL Shopping Shuttle (Giant) 2:00 PM Mah Jongg for Beginners (Card Room) 2:15 PM Courtyard Conversation & Refreshments (AL Courtyard) 3:00 PM B.I.N.G.O (TH) 4:00 PM Happy Hour & Trivia (AL Bar)	9:30 AM Aqua Aerobics w/ Don 17 9:30 AM Women's Coffee Social (TH) 10:00 AM Daily Chronicle (AL DR) 10:30 AM AL Trip (Meet in AL Lobby) 11:15 AM Gentle Seated Exercise with Don (2nd FL DIY Room) 1:30 PM Armchair Travel (AL LR) 2:30 PM Rummikub (AL LR) 4:00 PM Happy Hour (R5 Pub) 7:15 PM Socrates Cafe Discussion Group (TH)	9:30 AM Move for Life with Don (2nd FL DIY Room) 18 10:00 AM Daily Chronicle (AL DR) 11:15 AM Gentle Seated Exercise with Don (2nd FL DIY Room) 1:30 PM Movie Matinee- The Bucket List (AL TH) 3:00 PM Rosary (AL Card Room) 4:00 PM Happy Hour (R5 Pub) 7:00 PM Live Entertainment w/ The Quakertown Band (R5 Pub)	9:30 AM Aqua Aerobics w/ Don 19 10:00 AM Daily Chronicle (AL DR) 11:15 AM Gentle Seated Exercise with Don (2nd FL DIY Room) 1:00 PM Music with Pat (3rd FL Living Room) 2:30 PM Courtyard Conversation & Refreshments (AL Courtyard) 4:00 PM Happy Hour & Trivia (AL Bar) 5:00 PM Birthday Night Dinner (Dining Rooms) 7:15 PM Trivia Night with Jerry Cohen (R5 Pub)	9:30 AM Move for Life with Don (2nd FL DIY Room) 20 10:00 AM Daily Chronicle (AL DR) 10:30 AM AL Resident Council (AL LR) 10:30 AM Paint By Numbers (Art Studio) 11:00 AM Beginners' Bridge with Judy Bernstein (Card Room) 11:15 AM Gentle Seated Exercise with Don (2nd FL DIY Room) 1:30 PM Rummikub (AL LR) 2:30 PM Ping Pong with Don (FS) 4:00 PM Happy Hour (R5 Pub) 7:30 PM Shabbat Service - Congregation Beth Or (TH)	9:45 AM Virtual Seated Exercise (DIY Room) 21 10:15 AM Daily Chronicle (AL LR) 11:15 AM Mixed Media (2nd Floor DIY Room) 1:00 PM Beginners Bridge (Library) 1:15 PM Rummikub (AL LR) 1:30 PM 501 GIANT Crossword Puzzle (Livingroom) 2:30 PM Saturday Movie Matinee- Grumpy Old Men (AL TH)
9:45 AM Virtual Seated Exercise (DIY Room) 22 10:15 AM Daily Chronicle (AL LR) 11:00 AM In-person Catholic Mass with Father Shea (IL Theater) 2:00 PM Arts & Crafts (2nd Floor DIY Room) 6:30 PM SERIOUS CINEMA with Susan Pauls (TH)	9:30 AM Move for Life with Don (2nd FL DIY Room) 23 10:00 AM Daily Chronicle (AL DR) 11:15 AM Gentle Seated Exercise with Don (2nd FL DIY Room) 1:00 PM Beginners Bridge (Library) 1:30 PM Walking Club (Meet in AL Lobby) 2:00 PM AL Shopping Shuttle (Trader Joes) 2:00 PM Mah Jongg for Beginners (Card Room) 2:15 PM Courtyard Conversation & Refreshments (AL Courtyard) 3:00 PM B.I.N.G.O (TH) 4:00 PM Happy Hour & Trivia (AL Bar)	9:30 AM Aqua Aerobics w/ Don 24 9:30 AM Women's Coffee Social (TH) 10:00 AM Daily Chronicle (AL DR) 11:15 AM Gentle Seated Exercise with Don (2nd FL DIY Room) 1:30 PM Mixed Media (2nd Floor DIY) 2:00 PM FYI- ID Theft Presentation (TH) 2:30 PM Rummikub (AL LR) 4:00 PM Happy Hour (R5 Pub) 7:15 PM Socrates Cafe Discussion Group (TH)	9:30 AM Move for Life with Don (2nd FL DIY Room) 25 10:00 AM Line Dancing with Don (2nd FL DIY Room) 10:00 AM Daily Chronicle (AL DR) 11:15 AM Gentle Seated Exercise with Don (2nd FL DIY Room) 1:30 PM Movie Matinee- On Golden Pond (AL TH) 3:00 PM Rosary (AL Card Room) 4:00 PM Happy Hour (R5 Pub) 7:00 PM Live Entertainment w/ Micheal Borowski (R5 Pub)	9:30 AM Aqua Aerobics w/ Don 26 10:00 AM Daily Chronicle (AL DR) 11:15 AM Gentle Seated Exercise with Don (2nd FL DIY Room) 1:00 PM Instructional Painting with Judy Peters (Art Studio) 1:30 PM Name That Tune (AL LR) 2:30 PM Rummikub (AL LR) 4:00 PM Happy Hour & Trivia (AL Bar) 7:15 PM Trivia Night with Jerry Cohen (R5 Pub)	9:30 AM Move for Life with Don (2nd FL DIY Room) 27 10:00 AM Daily Chronicle (AL DR) 10:30 AM Paint By Numbers (Art Studio) 11:00 AM Beginners' Bridge with Judy Bernstein (Card Room) 11:15 AM Gentle Seated Exercise with Don (2nd FL DIY Room) 1:30 PM Men's Club (3rd Floor DIY Room) 1:30 PM Rummikub (AL LR) 2:30 PM Ping Pong with Don (FS) 4:00 PM Happy Hour (R5 Pub) 6:45 PM Guest Speaker from the Anti-Defamation League (ADL) (TH) 7:30 PM Shabbat Service - Congregation Beth Or (TH)	9:45 AM Virtual Seated Exercise (DIY Room) 28 10:15 AM Daily Chronicle (AL LR) 11:15 AM Mixed Media (2nd Floor DIY Room) 1:00 PM Beginners Bridge (Library) 1:15 PM Rummikub (AL LR) 1:30 PM 501 GIANT Crossword Puzzle (Livingroom) 2:30 PM Saturday Movie Matinee- The Paper Chase (AL TH) 3:45 PM Bingo (AL Card Room)
9:45 AM Virtual Seated Exercise (DIY Room) 29 10:15 AM Daily Chronicle (AL LR) 11:00 AM In-person Catholic Mass with Father Shea (IL Theater) 2:00 PM Arts & Crafts (2nd Floor DIY Room)	9:30 AM Move for Life with Don (2nd FL DIY Room) 30 10:00 AM Daily Chronicle (AL DR) 11:15 AM Gentle Seated Exercise with Don (2nd FL DIY Room) 1:00 PM Beginners Bridge (Library) 1:30 PM Walking Club (Meet in AL Lobby) 2:00 PM AL Shopping Shuttle (Willow Grove) 2:00 PM Mah Jongg for Beginners (Card Room) 2:15 PM Courtyard Conversation & Refreshments (AL Courtyard) 3:00 PM B.I.N.G.O (TH) 4:00 PM Happy Hour & Trivia (AL Bar)	LOCATION KEY AL DR - AL Dining Room AL LR - AL Living Room AL TH - AL Theater	FS - Fitness Studio TH - Theater			

September 2024

Assisted Living Calendar

Activities are subject to change. Please see Daily Schedule for updates.