SUN	MON	TUE	WED	THUR	FRI	SAT
	9:30 AM Move for Life with Don (2nd FL DIY Room) 11:15 AM Gentle Seated Exercise with Don (2nd FL DIY Room) 1:00 PM Beginners Bridge (Library) 3:00 PM B.I.N.G.O (TH) 4:00 PM Happy Hour (The R5 Bar) 7:30 PM Men's Card Group (AL Card Room)	9:30 AM Aqua Aerobics w/Don 9:30 AM Women's Coffee Social (TH) 11:00 AM Rummikub Club (Card Room) 11:15 AM Gentle Seated Exercise with Don (2nd FL DIY Room) 2:00 PM Open Bridge Club (Library) 4:00 PM Happy Hour (The R5 Bar) 7:30 PM The Socrates Café Discussion Group Led by Jerry Cohen (TH)	9:30 AM Move for Life with Don (2nd FL DIY Room) 10:00 AM Line Dancing with Don (2nd FL DIY Room) 10:30 AM Photography Club with George Johnson (Art Studio) 11:15 AM Gentle Seated Exercise with Don (2nd FL DIY Room) 12:00 PM Shopping Shuttle (Giant) 1:00 PM Shopping Shuttle (Giant) 1:00 PM Men's Card Group (AL Card Room) 3:00 PM Mah Jongg Intermediate Players (Card Room) 4:00 PM Happy Hour (The R5 Bar) 7:30 PM Live Entertainment w/music lecture with Steve Pollack (R5 Pub)	Independence Day 9:30 AM Aqua Aerobics w/ Don 9:30 AM Men's Club Coffee Social (R5 Pub) 11:00 AM Chat N Chew w/ Joyce (TH) 11:15 AM Gentle Seated Exercise with Don (2nd FL DIY Room) 12:00 PM The July 4th BBQ Bash (Courtyard) 3:00 PM Rummikub- Beginners ONLY (Card Room) 3:30 PM Movie Matinee: Independence Day (TH) 4:00 PM Happy Hour (The R5 Bar) 7:30 PM Trivia Night with Jerry Cohen (R5 Pub)	9:30 AM Move for Life with Don (2nd FL DIY Room) 10:30 AM Canasta is Back! (Card Room) 11:00 AM Beginners' Bridge with Judy Bernstein (Card Room) 11:15 AM Gentle Seated Exercise with Don (2nd FL DIY Room) 12:00 PM Mall Shuttles (Boscovs) 12:30 PM Friday Feature- Fargo (TH) 2:30 PM Fing Pong with Don (FS) 3:00 PM Yiddish Language Group (IL Card Room) 3:15 PM Pickle Ball Shuttle (Lobby) 4:00 PM Happy Hour (The R5 Bar) 6:30 PM Shabbat Service - Congregation Beth Or (TH) 7:30 PM Opera at the 501! The Marriage of Figaro (AL TH)	10:00 AM Saturday Stretches (FS) 1:00 PM Beginners Bridge (Library) 1:30 PM 501 GIANT Crossword Puzzle (Livingroom) 2:30 PM Rummikub Club (Card Room) 3:00 PM Movie Matinee: Mrs. Doubtfire (TH) 3:45 PM Bingo (AL Card Room)
9:00 AM Holy Family Catholic Church Live Stream (TH) 10:00 AM Morning Meditation (Fitness Room) 10:30 AM Upper Dublin Lutheran Church Service - Live Stream (AL TH) 11:00 AM In-person Catholic Mass with Father Shea (IL Theater) 3:30 PM Rummikub- Beginners ONLY (Card Room)	9:30 AM Move for Life with Don (2nd FL DIY Room) 11:15 AM Gentle Seated Exercise with Don (2nd FL DIY Room) 1:00 PM Beginners Bridge (Library) 1:00 PM Knitting w/ Sondra! (Card Room) 1:30 PM Pop Culture & Photography presented by George Johnson (TH) 3:00 PM B.I.N.G.O (TH) 4:00 PM Happy Hour (The R5 Bar) 7:30 PM Men's Card Group (AL Card Room)	9:30 AM Aqua Aerobics w/ Don 9:30 AM Women's Coffee Social (TH) 11:00 AM Rummikub Club (Card Room) 11:15 AM Gentle Seated Exercise with Don (2nd FL DIY Room) 2:00 PM Open Bridge Club (Library) 4:00 PM Happy Hour (The R5 Bar) 7:30 PM The Socrates Café Discussion Group Led by Jerry Cohen (TH)	9:30 AM Move for Life with Don (2nd FL DIY Room) 10:30 AM Photography Club with George Johnson (Art Studio) 11:15 AM Gentle Seated Exercise with Don (2nd FL DIY Room) 12:00 PM Shopping Shuttle (Trader Joes) 1:00 PM Men's Card Group (AL Card Room) 3:00 PM Rosary (AL Card Room) 3:00 PM Mah Jongg Intermediate Players (Card Room) 4:00 PM Happy Hour (The R5 Bar)	9:30 AM Aqua Aerobics w/ Don 9:30 AM Men's Club Coffee Social (R5 Pub) 11:15 AM Gentle Seated Exercise with Don (2nd FL DIY Room) 1:00 PM Instructional Painting with Judy Peters (Art Studio) 2:00 PM Movie Matinee: Titanic (TH) 3:00 PM Rummikub- Beginners ONLY (Card Room) 4:00 PM Happy Hour (The R5 Bar) 7:30 PM Trivia Night with Jerry Cohen (R5 Pub)	9:30 AM Move for Life with Don (2nd FL DIY Room) 10:30 AM Canasta is Back! (Card Room) 11:00 AM Beginners' Bridge with Judy Bernstein (Card Room) 11:15 AM Gentle Seated Exercise with Don (2nd FL DIY Room) 12:00 PM Mall Shuttles (Willow Grove) 12:30 PM Friday Feature- To Sleep with Anger (TH) 2:30 PM Ping Pong with Don (FS) 3:00 PM Yiddish Language Group (IL Card Room) 4:00 PM Happy Hour (The R5 Bar) 7:30 PM Opera at the 501! The Marriage of Figaro (AL TH) 7:30 PM Shabbat Service - Congregation Beth Or (TH)	10:00 AM Saturday Stretches (FS) 1:00 PM Beginners Bridge (Library) 1:30 PM 501 GIANT Crossword Puzzle (Livingroom) 2:30 PM Rummikub Club (Card Room) 3:00 PM Movie Matinee: Slumdog Millionaire (TH) 3:30 PM Purposeful Painting (Art Studio)
9:00 AM Holy Family Catholic Church Live Stream (TH) 10:30 AM Upper Dublin Lutheran Church Service - Live Stream (AL TH) 11:00 AM In-person Catholic Mass with Father Shea (IL Theater) 1:30 PM In-Person Modified Yoga w/ Naaomee (FS) 3:30 PM Rummikub- Beginners ONLY (Card Room)	9:30 AM Move for Life with Don (2nd FL DIY Room) 11:15 AM Gentle Seated Exercise with Don (2nd FL DIY Room) 1:00 PM Beginners Bridge (Library) 3:00 PM B.I.N.G.O (TH) 4:00 PM Happy Hour (The R5 Bar) 7:30 PM Men's Card Group (AL Card Room)	9:30 AM Aqua Aerobics w/ Don 9:30 AM Women's Coffee Social (TH) 11:00 AM Rummikub Club (Card Room) 11:00 AM Alzheimer Awareness Community Bake Sale (R5 Pub) 11:15 AM Gentle Seated Exercise with Don (2nd FL DIY Room) 2:00 PM Open Bridge Club (Library) 4:00 PM Happy Hour (The R5 Bar) 7:30 PM The Socrates Café Discussion Group Led by Jerry Cohen (TH)	9:30 AM Move for Life with Don (2nd FL DIY Room) 10:00 AM Line Dancing with Don (2nd FL DIY Room) 10:30 AM Photography Club with George Johnson (Art Studio) 11:15 AM Gentle Seated Exercise with Don (2nd FL DIY Room) 12:00 PM Shopping Shuttle (Whole Foods) 1:00 PM Men's Card Group (AL Card Room) 3:00 PM Rosary (AL Card Room) 3:00 PM Mah Jongg Intermediate Players (Card Room) 4:00 PM Happy Hour (The R5 Bar)	9:30 AM Aqua Aerobics w/ Don 9:30 AM Men's Club Coffee Social (R5 Pub) 11:15 AM Gentle Seated Exercise with Don (2nd FL DIY Room) 1:00 PM Summer Body Tshirt Sip & Paint Party (Art Studio) 2:00 PM Movie Matinee: Freedom Riders (TH) 3:00 PM Rummikub- Beginners ONLY (Card Room) 4:00 PM Happy Hour (The R5 Bar) 5:00 PM Birthday Night (Main Dining Room) 7:30 PM Trivia Night with Jerry Cohen (R5 Pub)	9:30 AM Move for Life with Don (2nd FL DIY Room) 10:30 AM Canasta is Back! (Card Room) 11:00 AM Beginners' Bridge with Judy Bernstein (Card Room) 11:15 AM Gentle Seated Exercise with Don (2nd FL DIY Room) 12:00 PM Mall Shuttles (Target) 12:30 PM Friday Feature- Thelma & Louise (TH) 2:30 PM Ping Pong with Don (FS) 3:00 PM Yiddish Language Group (IL Card Room) 3:15 PM Pickle Ball Shuttle (Lobby) 4:00 PM Happy Hour (The R5 Bar) 7:30 PM Opera at the 501! The Marriage of Figaro (AL TH) 7:30 PM Shabbat Service - Congregation Beth Or (TH)	10:00 AM Saturday Stretches (FS) 1:00 PM Beginners Bridge (Library) 1:30 PM 501 GIANT Crossword Puzzle (Livingroom) 2:30 PM Rummikub Club (Card Room) 3:00 PM Movie Matinee: The Joy Luck Club (TH) 3:45 PM Bingo (AL Card Room)
9:00 AM Holy Family Catholic Church Live Stream (TH) 10:00 AM Morning Meditation (Fitness Room) 10:30 AM Upper Dublin Lutheran Church Service - Live Stream (AL TH) 11:00 AM In-person Catholic Mass with Father Shea (IL Theater) 3:30 PM Rummikub- Beginners ONLY (Card Room)	9:30 AM Move for Life with Don (2nd FL DIY Room) 11:15 AM Gentle Seated Exercise with Don (2nd FL DIY Room) 1:00 PM Beginners Bridge (Library) 1:00 PM Knitting w/ Sondra! (Card Room) 1:30 PM National Ice Cream Float Social Day (R5 Pub) 3:00 PM B.I.N.G.O (TH) 4:00 PM Happy Hour (The R5 Bar) 7:30 PM Men's Card Group (AL Card Room)	9:30 AM Aqua Aerobics w/ Don 9:30 AM Women's Coffee Social (TH) 11:00 AM Rummikub Club (Card Room) 11:15 AM Gentle Seated Exercise with Don (2nd FL DIY Room) 2:00 PM Open Bridge Club (Library) 4:00 PM Happy Hour (The R5 Bar) 7:30 PM The Socrates Café Discussion Group Led by Jerry Cohen (TH)	9:30 AM Move for Life with Don (2nd FL DIY Room) 10:30 AM Photography Club with George Johnson (Art Studio) 11:15 AM Gentle Seated Exercise with Don (2nd FL DIY Room) 12:00 PM Shopping Shuttle (Wegmans) 1:00 PM Men's Card Group (AL Card Room) 3:00 PM Rosary (AL Card Room) 3:00 PM Mah Jongg Intermediate Players (Card Room) 4:00 PM Happy Hour (The R5 Bar) 7:30 PM Live Entertainment w/ Elvis (R5 Pub)	9:30 AM Aqua Aerobics w/ Don 9:30 AM Men's Club Coffee Social (R5 Pub) 11:15 AM Gentle Seated Exercise with Don (2nd FL DIY Room) 1:00 PM Instructional Painting with Judy Peters (Art Studio) 2:00 PM Movie Matinee: Working Girl (TH) 2:30 PM Resident Town Hall (R5 Pub) 3:00 PM Rummikub- Beginners ONLY (Card Room) 3:30 PM Rummikub- Beginners ONLY (Card Room) 4:00 PM Happy Hour (The R5 Bar) 7:30 PM Trivia Night with Jerry Cohen (R5 Pub)	9:30 AM Move for Life with Don (2nd FL DIY Room) 10:30 AM Canasta is Back! (Card Room) 11:00 AM Beginners' Bridge with Judy Bernstein (Card Room) 11:15 AM Gentle Seated Exercise with Don (2nd FL DIY Room) 12:00 PM Mall Shuttles (King Of Prussia) 12:30 PM Friday Feature- The Green Mile (TH) 2:30 PM Ping Pong with Don (FS) 3:00 PM Yiddish Language Group (IL Card Room) 4:00 PM It's 5 o' Clock Somewhere Pool Party! (Courtyard) 4:30 PM Happy Hour with live music by Marcus Chaney (Court Yard 1) 7:30 PM Shabbat Service - Congregation Beth Or (TH)	10:00 AM Saturday Stretches (FS) 1:00 PM Beginners Bridge (Library) 1:30 PM 501 GIANT Crossword Puzzle (Livingroom) 2:30 PM Rummikub Club (Card Room) 3:00 PM Movie Matinee: Good Will Hunting (TH) 3:30 PM Purposeful Painting (Art Studio)
9:00 AM Holy Family Catholic Church Live Stream (TH) 10:30 AM Upper Dublin Lutheran Church Service - Live Stream (AL TH) 11:00 AM In-person Catholic Mass with Father Shea (IL Theater) 1:30 PM In-Person Modified Yoga w/ Naaomee (FS) 3:30 PM Rummikub- Beginners ONLY (Card Room)	9:30 AM Move for Life with Don (2nd FL DIY Room) 11:15 AM Gentle Seated Exercise with Don (2nd FL DIY Room) 1:00 PM Beginners Bridge (Library) 3:00 PM B.I.N.G.O (TH) 4:00 PM Happy Hour (The R5 Bar) 7:30 PM Men's Card Group (AL Card Room)	9:30 AM Aqua Aerobics w/Don 9:30 AM Women's Coffee Social (TH) 11:00 AM Rummikub Club (Card Room) 11:15 AM Gentle Seated Exercise with Don (2nd FL DIY Room) 2:00 PM Open Bridge Club (Library) 4:00 PM Happy Hour (The R5 Bar) 7:30 PM The Socrates Café Discussion Group Led by Jerry Cohen (TH)	9:30 AM Move for Life with Don (2nd FL DIY Room) 10:00 AM Line Dancing with Don (2nd FL DIY Room) 10:30 AM Photography Club with George Johnson (Art Studio) 11:15 AM Gentle Seated Exercise with Don (2nd FL DIY Room) 12:00 PM Shopping Shuttle (Produce Junction) 1:00 PM Men's Card Group (AL Card Room) 3:00 PM Mah Jongg Intermediate Players (Card Room) 4:00 PM Happy Hour (The R5 Bar) 7:30 PM Live Entertainment w/ Donnie Love (R5 Pub)	LOCATION KEY AL TH - AL Theater FS - Fitness Studio TH - Theater		
July 2024 Independent Living			THE 501 AT MATTISON ESTATE	m		+ I nm