

SUN	MON	TUE	WED	THUR	FRI	SAT																																																								
	9:30 AM Move for Life with Don (2nd FL DIY Room) 10:30 AM Daily Chronicle (AL LR) 11:15 AM Gentle Seated Exercise with Don (2nd FL DIY Room) 1:00 PM Beginners Bridge (Library) 1:30 PM Walking Club (Meet in AL Lobby) 2:00 PM AL Shopping Shuttle (Meet in AL Lobby) 2:15 PM Courtyard Conversation & Refreshments (AL Courtyard) 3:00 PM B.I.N.G.O (TH) 4:00 PM Happy Hour & Trivia (AL Bar)	<b>1</b>	9:30 AM Aqua Aerobics w/ Don 9:30 AM Women's Coffee Social (TH) 10:30 AM Daily Chronicle (AL LR) 11:15 AM Gentle Seated Exercise with Don (2nd FL DIY Room) 1:30 PM Mixed Media (3rd Floor DIY Room) 4:00 PM Happy Hour (The R5 Bar) 7:30 PM Socrates Cafe Discussion Group (TH)	<b>2</b>	9:30 AM Move for Life with Don (2nd FL DIY Room) 10:00 AM Line Dancing with Don (2nd FL DIY Room) 10:30 AM Daily Chronicle (AL LR) 11:15 AM Gentle Seated Exercise with Don (2nd FL DIY Room) 1:15 PM Movie Matinee - Big (AL TH) 3:00 PM Rosary (AL Card Room) 4:00 PM Happy Hour (The R5 Bar) 7:30 PM Live Entertainment w/music lecture with Steve Pollack (R5 Pub)	<b>3</b>	<b>Independence Day</b> 9:30 AM Aqua Aerobics w/ Don 10:30 AM Daily Chronicle (AL LR) 12:00 PM The July 4th BBQ Bash (Courtyard) 7:30 PM Trivia Night with Jerry Cohen (R5 Pub)	<b>4</b>	9:30 AM Move for Life with Don (2nd FL DIY Room) 10:30 AM Daily Chronicle (AL LR) 11:00 AM Beginners' Bridge with Judy Bernstein (Card Room) 11:15 AM Gentle Seated Exercise with Don (2nd FL DIY Room) 1:30 PM Rummikub (AL LR) 2:30 PM Ping Pong with Don (FS) 4:00 PM Happy Hour (The R5 Bar) 6:30 PM Shabbat Service - Congregation Beth Or (TH)	<b>5</b>	9:45 AM Virtual Seated Exercise (DIY Room) 10:30 AM Daily Chronicle (AL LR) 11:00 AM In-person Catholic Mass with Father Shea (IL Theater) 2:00 PM Arts & Crafts (2nd Floor DIY Room) 4:00 PM Ping Pong (3rd Floor Living Room)	<b>7</b>	9:30 AM Move for Life with Don (2nd FL DIY Room) 10:30 AM Daily Chronicle (AL LR) 11:15 AM Gentle Seated Exercise with Don (2nd FL DIY Room) 1:00 PM Beginners Bridge (Library) 1:30 PM Walking Club (Meet in AL Lobby) 1:30 PM Pop Culture & Photography presented by George Johnson (TH) 2:00 PM AL Shopping Shuttle (Meet in AL Lobby) 2:15 PM Courtyard Conversation & Refreshments (AL Courtyard) 3:00 PM B.I.N.G.O (TH) 4:00 PM Happy Hour & Trivia (AL Bar)	<b>8</b>	9:30 AM Aqua Aerobics w/ Don 9:30 AM Women's Coffee Social (TH) 10:30 AM Daily Chronicle (AL LR) 11:15 AM Gentle Seated Exercise with Don (2nd FL DIY Room) 1:30 PM Mixed Media (DIY Room) 2:30 PM Rummikub (AL LR) 4:00 PM Happy Hour (The R5 Bar) 7:30 PM Socrates Cafe Discussion Group (TH)	<b>9</b>	9:30 AM Move for Life with Don (2nd FL DIY Room) 10:30 AM Daily Chronicle (AL LR) 11:15 AM Gentle Seated Exercise with Don (2nd FL DIY Room) 1:15 PM Movie Matinee - You've Got Mail (AL TH) 3:00 PM Rosary (AL Card Room) 4:00 PM Happy Hour (The R5 Bar)	<b>10</b>	9:30 AM Aqua Aerobics w/ Don 10:30 AM Daily Chronicle (AL LR) 11:15 AM Gentle Seated Exercise with Don (2nd FL DIY Room) 1:00 PM Instructional Painting with Judy Peters (Art Studio) 4:00 PM Happy Hour & Trivia (AL Bar) 7:30 PM Trivia Night with Jerry Cohen (R5 Pub)	<b>11</b>	9:30 AM Move for Life with Don (2nd FL DIY Room) 10:30 AM Daily Chronicle (AL LR) 11:00 AM Beginners' Bridge with Judy Bernstein (Card Room) 11:15 AM Gentle Seated Exercise with Don (2nd FL DIY Room) 1:30 PM Rummikub (AL LR) 2:30 PM Ping Pong with Don (FS) 4:00 PM Happy Hour (The R5 Bar) 7:30 PM Shabbat Service - Congregation Beth Or (TH)	<b>12</b>	9:45 AM Virtual Seated Exercise (DIY Room) 10:30 AM Daily Chronicle (AL LR) 11:15 AM Mixed Media (2nd Floor DIY Room) 1:00 PM Beginners Bridge (Library) 1:15 PM Rummikub (AL LR) 1:30 PM 501 GIANT Crossword Puzzle (Livingroom) 2:30 PM Saturday Movie Matinee - Wizard of Oz (AL TH) 3:30 PM Purposeful Painting (Art Studio)	<b>13</b>	9:45 AM Virtual Seated Exercise (DIY Room) 10:30 AM Daily Chronicle (AL LR) 11:00 AM In-person Catholic Mass with Father Shea (IL Theater) 2:00 PM Arts & Crafts (2nd Floor DIY Room)	<b>14</b>	9:30 AM Move for Life with Don (2nd FL DIY Room) 10:30 AM Daily Chronicle (AL LR) 11:15 AM Gentle Seated Exercise with Don (2nd FL DIY Room) 1:00 PM Beginners Bridge (Library) 1:30 PM Walking Club (Meet in AL Lobby) 2:00 PM AL Shopping Shuttle (Meet in AL Lobby) 2:15 PM Courtyard Conversation & Refreshments (AL Courtyard) 3:00 PM B.I.N.G.O (TH) 4:00 PM Happy Hour & Trivia (AL Bar)	<b>15</b>	9:30 AM Aqua Aerobics w/ Don 9:30 AM Women's Coffee Social (TH) 10:30 AM Daily Chronicle (AL LR) 11:00 AM Alzheimer Awareness Community Bake Sale (R5 Pub) 11:15 AM Gentle Seated Exercise with Don (2nd FL DIY Room) 1:30 PM Mixed Media (DIY Room) 2:30 PM Rummikub (AL LR) 4:00 PM Happy Hour (The R5 Bar) 7:30 PM Socrates Cafe Discussion Group (TH)	<b>16</b>	9:30 AM Move for Life with Don (2nd FL DIY Room) 10:00 AM Line Dancing with Don (2nd FL DIY Room) 10:30 AM Daily Chronicle (AL LR) 11:15 AM Gentle Seated Exercise with Don (2nd FL DIY Room) 1:15 PM Movie Matinee - A League of Their Own (AL TH) 3:00 PM Rosary (AL Card Room) 4:00 PM Happy Hour (The R5 Bar)	<b>17</b>	9:30 AM Aqua Aerobics w/ Don 10:30 AM Daily Chronicle (AL LR) 11:15 AM Gentle Seated Exercise with Don (2nd FL DIY Room) 1:00 PM Music with Pat (3rd FL Living Room) 4:00 PM Happy Hour & Trivia (AL Bar) 5:00 PM Birthday Night Dinner (Dining Rooms) 7:30 PM Trivia Night with Jerry Cohen (R5 Pub)	<b>18</b>	9:30 AM Move for Life with Don (2nd FL DIY Room) 10:30 AM Daily Chronicle (AL LR) 11:00 AM Beginners' Bridge with Judy Bernstein (Card Room) 11:15 AM Gentle Seated Exercise with Don (2nd FL DIY Room) 1:30 PM Rummikub (AL LR) 2:30 PM Ping Pong with Don (FS) 4:00 PM Happy Hour (The R5 Bar) 7:30 PM Shabbat Service - Congregation Beth Or (TH)	<b>19</b>	9:45 AM Virtual Seated Exercise (DIY Room) 10:30 AM Daily Chronicle (AL LR) 11:15 AM Virtual Seated Exercise (DIY Room) 1:00 PM Beginners Bridge (Library) 1:15 PM Rummikub (AL LR) 1:30 PM 501 GIANT Crossword Puzzle (Livingroom) 2:30 PM Saturday Movie Matinee - Forrest Gump (AL TH) 3:45 PM Bingo (AL Card Room)	<b>20</b>	9:45 AM Virtual Seated Exercise (DIY Room) 10:30 AM Daily Chronicle (AL LR) 11:00 AM In-person Catholic Mass with Father Shea (IL Theater) 2:00 PM Arts & Crafts (2nd Floor DIY Room) 4:00 PM Ping Pong (3rd Floor Living Room)	<b>21</b>	9:30 AM Move for Life with Don (2nd FL DIY Room) 10:30 AM Daily Chronicle (AL LR) 11:15 AM Gentle Seated Exercise with Don (2nd FL DIY Room) 1:00 PM Beginners Bridge (Library) 1:30 PM National Ice Cream Float Social Day (R5 Pub) 1:30 PM Walking Club (Meet in AL Lobby) 2:00 PM AL Shopping Shuttle (Meet in AL Lobby) 2:15 PM Courtyard Conversation & Refreshments (AL Courtyard) 3:00 PM B.I.N.G.O (TH) 4:00 PM Happy Hour & Trivia (AL Bar)	<b>22</b>	9:30 AM Aqua Aerobics w/ Don 9:30 AM Women's Coffee Social (TH) 10:30 AM Daily Chronicle (AL LR) 11:15 AM Gentle Seated Exercise with Don (2nd FL DIY Room) 1:30 PM Mixed Media (DIY Room) 2:30 PM Rummikub (AL LR) 4:00 PM Happy Hour (The R5 Bar) 7:30 PM Socrates Cafe Discussion Group (TH)	<b>23</b>	9:30 AM Move for Life with Don (2nd FL DIY Room) 10:30 AM Daily Chronicle (AL LR) 11:15 AM Gentle Seated Exercise with Don (2nd FL DIY Room) 1:15 PM Movie Matinee - Rocky (AL TH) 3:00 PM Rosary (AL Card Room) 4:00 PM Happy Hour (The R5 Bar) 7:30 PM Live Entertainment w/ Elvis (R5 Pub)	<b>24</b>	9:30 AM Aqua Aerobics w/ Don 10:30 AM Daily Chronicle (AL LR) 11:15 AM Gentle Seated Exercise with Don (2nd FL DIY Room) 1:00 PM Instructional Painting with Judy Peters (Art Studio) 4:00 PM Happy Hour & Trivia (AL Bar) 7:30 PM Trivia Night with Jerry Cohen (R5 Pub)	<b>25</b>	9:30 AM Move for Life with Don (2nd FL DIY Room) 10:30 AM Daily Chronicle (AL LR) 11:00 AM Beginners' Bridge with Judy Bernstein (Card Room) 11:15 AM Gentle Seated Exercise with Don (2nd FL DIY Room) 1:30 PM Rummikub (AL LR) 2:30 PM Ping Pong with Don (FS) 4:30 PM Happy Hour with live music by Marcus Chaney (Court Yard 1) 7:30 PM Shabbat Service - Congregation Beth Or (TH)	<b>26</b>	9:45 AM Virtual Seated Exercise (DIY Room) 10:30 AM Daily Chronicle (AL LR) 11:15 AM Mixed Media (2nd Floor DIY Room) 1:00 PM Beginners Bridge (Library) 1:15 PM Rummikub (AL LR) 1:30 PM 501 GIANT Crossword Puzzle (Livingroom) 2:30 PM Saturday Movie Matinee - Rain Man (AL TH) 3:30 PM Purposeful Painting (Art Studio)	<b>27</b>	9:45 AM Virtual Seated Exercise (DIY Room) 10:30 AM Daily Chronicle (AL LR) 11:00 AM In-person Catholic Mass with Father Shea (IL Theater) 2:00 PM Arts & Crafts (2nd Floor DIY Room)	<b>28</b>	9:30 AM Move for Life with Don (2nd FL DIY Room) 10:30 AM Daily Chronicle (AL LR) 11:15 AM Gentle Seated Exercise with Don (2nd FL DIY Room) 1:00 PM Beginners Bridge (Library) 1:30 PM Walking Club (Meet in AL Lobby) 2:00 PM AL Shopping Shuttle (Meet in AL Lobby) 2:15 PM Courtyard Conversation & Refreshments (AL Courtyard) 3:00 PM B.I.N.G.O (TH) 4:00 PM Happy Hour & Trivia (AL Bar)	<b>29</b>	9:30 AM Aqua Aerobics w/ Don 9:30 AM Women's Coffee Social (TH) 10:30 AM Daily Chronicle (AL LR) 11:15 AM Gentle Seated Exercise with Don (2nd FL DIY Room) 1:30 PM Mixed Media (DIY Room) 2:30 PM Rummikub (AL LR) 4:00 PM Happy Hour (The R5 Bar) 7:30 PM Socrates Cafe Discussion Group (TH)	<b>30</b>	9:30 AM Move for Life with Don (2nd FL DIY Room) 10:00 AM Line Dancing with Don (2nd FL DIY Room) 10:30 AM Daily Chronicle (AL LR) 11:15 AM Gentle Seated Exercise with Don (2nd FL DIY Room) 1:15 PM Movie Matinee - Rear Window (AL TH) 3:00 PM Rosary (AL Card Room) 4:00 PM Happy Hour (The R5 Bar) 7:30 PM Live Entertainment w/ Donnie Love (R5 Pub)	<b>31</b>	<b>LOCATION KEY</b> AL LR - AL Living Room AL TH - AL Theater FS - Fitness Studio TH - Theater	

# July 2024

## Assisted Living Calendar

Activities are subject to change. Please see Daily Schedule for updates.