



ECHO LAKE

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October 2024

Alzheimer's Fundraiser: Car Wash!

Our associates worked hard during our most recent Alzheimer's fundraiser, a car wash! Staff worked together to wash not only cars, but also walkers and wheelchairs for our residents. They even had a surprise visit from 6abc Action News who documented the event! The car wash was very successful and raised over \$600! All proceeds will benefit the Alzheimer's Association.





Cheers to Five Years!

We recently celebrated Echo Lake's 5-Year Anniversary in August! Residents enjoyed hors d'oeuvres butlered by our dining team, live entertainment, a speech from our Vice President of Operations, Kim Smith, a toast from our General Manager, Charlie Hearn, and an excellent dinner!

We recognized and honored our Founding residents with beautiful corsages. We had so much fun celebrating Echo Lake and all those who live in the community and our associates who work so hard every day to ensure Echo is a great community!



Founders Chef Table Event

We also celebrated and recognized our Founding residents at a special Chef's Table event! We currently have twenty-two founding residents, and all were invited to our 5th Floor Rooftop Terrace for cocktails, a variety of tapas and a delicious lobster dinner prepared by our Chef Nick, who has also been employed at Echo since its opening!



Cheers!



Tea Party With the Taste of Britain

Our Assisted Living and Memory Care residents enjoyed a lovely tea party hosted by local tea house, The Taste of Britain! Residents were able to try a variety of loose-leaf teas paired with a delicious scone!



Wit & Wisdom

“In October, any wonderful unexpected thing might be possible.”
—Elizabeth George Speare

“There is no season when such pleasant and sunny spots may be lighted on, and produce so pleasant an effect on the feelings, as now in October.”
—Nathaniel Hawthorne

“October had tremendous possibility. The summer’s oppressive heat was a distant memory, and the golden leaves promised a world full of beautiful adventures.”
—Sarah Guillory

“Listen! The wind is rising, and the air is wild with leaves, We have had our summer evenings, now for October eves!”
—Humbert Wolfe

“In the entire circle of the year, there are no days so delightful as those of a fine October ...”
—Alexander Smith

“What the light looks like in the pear trees, in October, is a hundred teardrops of gold, the whole orchard weeping.”
—Carole Maso

“October is the opal month of the year. It is the month of glory, of ripeness.”
—Henry Ward Beecher

Celebrating National Assisted Living Week!

National Assisted Living Week was September 8th-14th and we celebrated all week long! Throughout the week associates enjoyed a mocktail happy hour and live entertainment with our Assisted Living and Memory Care residents, a walking taco bar, and a traveling appreciation snack cart! We are so grateful for all of our Assisted Living team members, as well as for the residents who receive their unmatched care every day!



Thanks for the Meow-mories

As characters in literature, movies, commercials and more, cats entertain us with their adorable antics and cunning charisma. Purr-use this list of fictional felines:

<u>Debut Year</u>	<u>Cat</u>	<u>Bio</u>
1865	Cheshire Cat	This grinning cat is a fixture in Lewis Carroll's "Alice's Adventures in Wonderland" series.
1919	Felix	One of the original cartoon cats, starring in films and comic strips, Felix is a cultural icon.
1933	Chessie	She invited passengers to "sleep like a kitten" on Chesapeake & Ohio Railway trains.
1945	Sylvester	Suffering succotash! This Looney Tunes character would like to make Tweety Bird his lunch.
1968	Morris	This orange tabby is the face of 9Lives cat food.
1978	Garfield	Lover of lasagna, hater of Mondays ... this star of the funny pages is just like us!
1993	Binx	This talking black cat helps defeat a trio of witchy sisters in "Hocus Pocus."
2010	Pusheen	Purr-fectly plump, this sweet gray cartoon cat has left pawprints all over the internet, usually in GIF form!

"Then & Now"

"This Month In History"

OCTOBER

1900: The U.S. Navy commissions its first modern submarine, the USS Holland, named for its designer, John Philip Holland.

1907: One of the world's landmark hotels, the Plaza opens in New York City.

1915: Woodrow Wilson becomes the first U.S. president to attend a World Series game.

1929: The New York Stock Exchange crashes on what will later be known as "Black Tuesday."

1935: Considered one of the first great American operas, George Gershwin's "Porgy and Bess" premieres on Broadway.

1947: Air Force pilot Chuck Yeager flies an experimental plane and becomes the first person to break the sound barrier.

1950: Charles Schulz's "Peanuts" comic strip debuts in several newspapers.

1962: The Beach Boys release their debut album, "Surfin' Safari."

1972: Called the "Match of the Century," American Bobby Fischer wins the World Chess Championship by defeating Boris Spassky of the Soviet Union.

1986: The International Olympic Committee announces it will change its 70-year tradition and hold the Summer and Winter Games in different years.

1998: Comedian Richard Pryor receives the first Mark Twain Prize for American Humor.

2007: Alex Rodriguez signs a record 10-year, \$275 million contract with the New York Yankees. It was the richest deal in pro sports at the time.

2016: Singer-songwriter Bob Dylan is awarded the Nobel Prize for literature. He was the first songwriter to win the prestigious award.