

# ECHO LAKE

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## September 2024

### Marsh Creek Pontoon Tour

We recently took a trip to Marsh Creek State Park for a Pontoon Tour. Residents climbed aboard the Miss Milford, learned about the history of the park and surrounding area, and saw much of the abundant wildlife that resides in the park!







## Associate Book Bag Giveaway!

Every year SageLife purchases a book bag for all their associates in preparation for the upcoming school year. Residents donated school supplies to fill the book bags and handed them out to staff!





## Balloon Volleyball Competition!

Our Independent and Assisted Living residents had a blast playing balloon volleyball during their daily exercise class!



## Cornhole Competition!

In the season of the Olympics, we thought we should have our residents compete for gold! Residents teamed up for a friendly competition of Cornhole! Mike C. and Ronnie M. took home the gold!



## Mainliners Performance!

We enjoyed a wonderful musical performance from the Mainliners! One of our very own, Steve C., is a member of the group and enjoyed singing for his fellow neighbors! After the performance, everyone enjoyed coffee and dessert!







## Wheaties Athletes

Since 1934, “the Breakfast of Champions” has honored outstanding athletes by featuring them on its iconic orange boxes of cereal. See how many names you recognize on this roster of Wheaties athletes.

Year	Athlete	Sport
1934	Lou Gehrig	Baseball
1936	Jesse Owens	Track and field
1959	Esther Williams	Swimming
1984	Mary Lou Retton	Gymnastics
1986	Walter Payton	Football
1988	Michael Jordan	Basketball
1999	Mia Hamm	Soccer
2001	Althea Gibson	Tennis
2010	Lindsey Vonn	Alpine skiing
2017	Jordan Spieth	Golf

# “This Month In History”

## SEPTEMBER

**1919:** Crowds gather in New York City to welcome home Gen. John J. Pershing and 25,000 soldiers of the American Expeditionary Forces who fought in World War I.

**1949:** The Ladies Professional Golf Association is formed with 13 founding players.

**1953:** With 32 lanes, the world’s first four-level highway interchange opens in Los Angeles. Half a million vehicles travel it every day.

**1969:** “Ruh-roh!” The Saturday morning cartoon lineup gets a new addition when the mystery-comedy series “Scooby-Doo, Where Are You!” premieres.

**1978:** After years of lobbying, National Grandparents Day is officially observed for the first time.

**1985:** An American-French expedition locates the wreckage of the long-lost sunken ocean liner Titanic off the coast of Newfoundland, Canada.

**1998:** Internet search engine Google is founded.

**2008:** After its move to Oklahoma City, the NBA team the Seattle SuperSonics is renamed the Thunder.

**2020:** Sales stats show that music fans are buying more vinyl records, outselling CDs for the first time in decades.