



ARTISAN

AT HUDSON

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Artisan at Hudson Leadership Team

Charles James	Executive Director
Lisa Batista	Business Office Manager
Michelle Melaragni	Resident Services Dir.
Ashley Gaumond	Marketing Director
Vi Luu	Director of Culinary
Mike Bakas	Building Engineer
Ruta Pai	Life Enrichment Director



Sit Back and Relax

Long, lazy summer days are made for relaxing—and you shouldn't feel guilty about it. Experts say taking time to rest your body and mind is vital to good health. Regular relaxation can also help you cope with stress related to chronic conditions.

August 2024



A Message From Our Executive Director-Charles James

As summer reaches its peak, we embrace the vibrant energy and warmth that August brings to our community. Your enthusiasm and engagement truly make our community a special place. This month, we have an array of activities designed to keep our minds active, bodies moving, and spirits high. From Hawaiian Luau to musical afternoons, there's something for everyone to enjoy.

As always, our dedicated team is here to ensure you have a safe and enjoyable experience. Wishing you all a wonderful August filled with joy, laughter, and memorable moments.





Bake Sale Fundraiser for Alzheimer's Association

Thank you to all our residents, families and associates for their generous donations and thank you to our resident volunteers for their assistance with the event!



Alzheimer's Walk!

Remember! The Artisan Team will be walking on Sunday, October 6th! We would love for you to walk with us! If not, please consider a donation to the Alzheimer's Association. Donation forms are at the Concierge desks.



Pop Art and Elvis Fun!

Last month, we indulged into the world of Pop Culture through a variety of activities- Retro Fridge Magnets, Andy Warhol art and Elvis fun!



Our residents also learned about the modern pop culture trends and learned how to take a selfie!



Groovy Highlights: '70s Disco Party Fun

We had a blast at our recent '70s Disco Party! Our community came alive with vibrant costumes, dance moves, and laughter. The energy was contagious as we grooved to the classic hits!



Putt Putt Fridays!

Join us for Putt Golf every Friday at 3:30pm at the Independent Living Bar.



Connecting With Connections!



Capturing Moments in Time!



Theme of the Month: August- Heritage

This August, we are excited to celebrate the rich tapestry of our community's diverse heritages. Join us for a month of activities that honor our backgrounds, traditions, and stories. From cultural showcases to heritage craft sessions, let's come together to share and learn from one another.



Let's Have a Luau!

Aloha! Time to get out your Hawaiian shirt, grass skirt and lei! We're having a luau, and would love to see everyone there. Check the calendar for details.



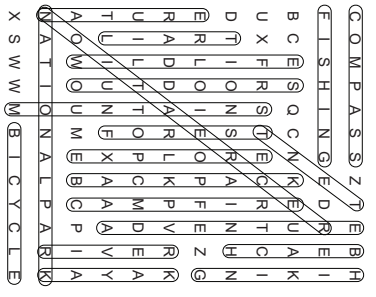
Word Search

Category: The Great Outdoors

C O M P A S S Z T E B H	1. National Park
F I S H I N G E D R E I	2. _____
B C E S Q C N K E U A K	3. _____
U X F R S T E C R T C I	4. _____
D T I O N S R A I N H N	5. _____
E R L O I E O P F E Z G	6. _____
R A D D A R L K P V R K	7. _____
U I L T T O P C M D E A	8. _____
T L I U N F X A A A V Y	9. _____
A O W O U M E B C P I A	10. _____
N A T I O N A L P A R K	11. _____
X S W W M B I C Y C L E	12. _____
	13. _____
	14. _____
	15. _____
	16. _____
	17. _____
	18. _____
	19. _____
	20. _____

Word Search Solution:

1. Adventure	11. Kayak
2. Backpack	12. Mountains
3. Beach	13. National Park
4. Bicycle	14. Nature
5. Campfire	15. Outdoors
6. Compass	16. Recreation
7. Explore	17. River
8. Fishing	18. Tent
9. Forest	19. Trail
10. Hiking	20. Wildlife




Take Time
to Savor All of the
Joys of Summer!