

# JULY 2024 PROGRAMMING CALENDAR -ASSISTED LIVING

## ARTISAN AT HUDSON

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>1</b> <b>10:30 Daily Arcade Game Challenge (AL Studio)</b> 11:00 Video Exercises (AL Studio) <b>11:00 Gardening Club (IL Studio)</b> <b>1:00 Walking Club (Meet in AL Studio)</b> <b>1:00 Pop Art Workshop (AL Studio)</b> 1:30 Meditation with Dr. Raj (Theater) 1:00 Mexican Train Dominos Game (AL Lounge) 2:00 BINGO (AL Studio) 3:30 Happy Hour (AL Bar) 6:30 Movie Night (Theater)	<b>2</b> <b>10:00 Shopping trip to Market Basket &amp; Stop n Shop</b> <b>10:30 Daily Arcade Game Challenge (AL Studio)</b> 11:00 Video Exercises (AL Studio) 1:00 Mahjong (IL Studio) <b>1:00 Yahtzee (AL Lounge)</b> 1:00 Move For Life (AL Studio) <b>2:00 Live Concert by Rob LeDoux (AL Studio)</b> 2:30 Spanish for Beginners – Resident Practice Class (IL Cafe) <b>3:30 Pop Culture Trivia Tuesday with Happy Hour-50s TV Show (AL Bar)</b> 7:00 Poker Night (IL Studio) 6:30 Movie Night (Theater)	<b>3</b> <b>10:30 Daily Arcade Game Challenge (AL Studio)</b> 11:00 Move For Life (AL Studio) 1:00 Bible Share & Care (Theater) <b>1:00 Walking Club</b> 1:00 Mexican Train Dominos Game (AL Lounge) 2:00 BINGO (AL Studio) <b>2:30 Pop Artist Spotlight: The Rolling Stones (Theater)</b> 3:30 Happy Hour (AL Bar) 6:30 Playing Card Bingo (AL Studio)	<b>4 4<sup>th</sup> of July!</b> 11:00 Video Exercises (AL Studio) <b>11:30 4<sup>th</sup> of July BBQ Cookout! (Dining Patio)</b> 1:00 Mahjong (IL Studio) <b>1:00 Yahtzee (AL Lounge)</b> 1:30 Meditation with Dr. Raj (Theater) 2:00 Canvas Painting with John (IL Studio) 2:00 Watercolor Painting with Paul (IL Studio) <b>3:30 4<sup>th</sup> of July Special Happy Hour (AL Bar)</b> 6:30 Movie Night (Theater)	<b>5</b> <b>10:30 Daily Arcade Game Challenge (AL Studio)</b> 11:00 Move For Life (AL Studio) <b>1:00 Men’s Group- Putt Golf (AL Patio)</b> <b>1:00 Walking Club</b> 1:00 Mexican Train Dominos Game (AL Lounge) <b>1:00 Comic Book Coasters (AL Studio)</b> 1:30 Meditation with Dr. Raj (Theater) 2:00 Playing Card Bingo (AL Studio) 3:30 Happy Hour (AL Bar) 6:30 Movie Night (Theater) 7:00 Evenings with Dan (IL Studio)	<b>6</b> <b>10:30 Daily Arcade Game Challenge (AL Studio)</b> <b>10:15 Ladies Tea Club (AL Studio)</b> 11:00 Chair Yoga with Kristina (AL Studio) 11:30 Spa Manicures (AL Studio) <b>1:00 Putt Golf with Ice Cream Social (Patio)</b> <b>1:30 Documentary Hour: History of Rock n Roll with Popcorns (Theater)</b> <b>2:00 Spanish Class with Betsy (IL Studio)</b> 2:00 BINGO (AL Studio) 3:30 Happy Hour (AL Bar) 6:30 Movie Night (Theater)
	<b>7</b> <b>10:00 Livestream of Catholic Mass with Communion (IL Lounge)</b> 11:00 Chair Yoga with Kristina (AL Studio) <b>11:00 Streamed Protestant Service (Theater)</b> <b>12:30 Walking Club</b> <b>1:15 Classic Sunday Shows: Andry Griffith Show- Ep 1</b> 2:00 Playing Card Bingo (AL Studio) 3:30 Happy Hour (AL Bar) 6:30 Movie Night (Theater) 7:00 Evenings with Dan (IL Studio)	<b>8</b> <b>10:30 Daily Arcade Game Challenge (AL Studio)</b> 11:00 Move for Life (AL Studio) <b>11:00 Gardening Club (IL Studio)</b> <b>1:00 Walking Club (Meet in AL Studio)</b> <b>1:00 Personalized Pop Art Fridge Magnets (AL Studio)</b> 1:00 Mexican Train Dominos Game (AL Lounge) 1:30 Meditation with Dr. Raj (Theater) 2:00 BINGO (AL Studio) <b>3:00 AL Townhall (AL Dining Room)</b> 3:30 Happy Hour (AL Bar) 6:30 Movie Night (Theater)	<b>9</b> <b>10:30 Daily Arcade Game Challenge (AL Studio)</b> 11:00 Move For Life (AL Studio) <b>1:00 Mini Golf &amp; Ice Cream Trip to Trombetta’s Farm</b> 1:00 Mahjong (IL Studio) <b>1:00 Yahtzee (AL Lounge)</b> <b>2:00 Live Concert by Rob LeDoux (AL Studio)</b> 2:30 Spanish for Beginners – Resident Practice Class (IL Cafe) 7:00 Poker Night (IL Studio) 6:30 Movie Night (Theater)	<b>10</b> <b>10:30 Daily Arcade Game Challenge (AL Studio)</b> 11:00 Move For Life (AL Studio) 1:00 Bible Share & Care (Theater) <b>1:00 Walking Club</b> 1:00 Mexican Train Dominos Game (AL Lounge) 1:30 Meditation with Dr. Raj (Theater) 2:00 BINGO (AL Studio) 2:00 Canvas Painting with John (IL Studio) <b>2:30 Pop Artist Spotlight: Andy Warhol (Theater)</b> 3:30 Happy Hour (AL Bar) 6:30 Playing Card Bingo (AL Studio) <b>7:00 Artisan’s Book Club (Theater)</b>	<b>11</b> <b>10:30 Daily Arcade Game Challenge (AL Studio)</b> 11:00 Move For Life (AL Studio) 1:00 Mahjong (IL Studio) <b>1:00 Yahtzee (AL Lounge)</b> <b>1:00 Gary’s Grub Group (AL Café)</b> <b>2:30 Selfie Pros- Learn How to Take a Selfie (AL Studio)</b> 2:00 Canvas Painting with John (IL Studio) 2:00 Watercolor Painting with Paul (IL Studio) 3:30 Happy Hour (AL Bar) 6:30 Movie Night (Theater)	<b>12</b> <b>10:30 Daily Arcade Game Challenge (AL Studio)</b> 11:00 Move For Life (AL Studio) <b>1:00 Men’s Group- Putt Golf (AL Patio)</b> <b>1:00 Bake Sale Fundraiser for Alzheimer’s Association (AL Lounge)</b> <b>1:00 Walking Club</b> 1:00 Mexican Train Dominos Game (AL Lounge) 1:30 Meditation with Dr. Raj (Theater) 2:00 Playing Card Bingo (AL Studio) 3:30 Happy Hour (AL Bar) 6:30 Movie Night (Theater) 7:00 Evenings with Dan (IL Studio)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>14</b>  <b>10:00 Livestream of Catholic Mass, with Communion (IL Lounge)</b>  <b>11:00 Streamed Protestant Service (Theater)</b>  11:00 Be Fit with McKayla (AL Studio)  <b>12:30 Walking Club</b>  <b>1:15 Classic Sunday Shows: Andry Griffith Show- Ep 2</b>  2:00 Playing Card Bingo (IL Studio)  3:30 Happy Hour (AL Bar)  6:30 Movie Night (Theater)  7:00 Evenings with Dan (IL Studio)</p>	<p><b>15</b>  <b>10:30 Daily Arcade Game Challenge (AL Studio)</b>  11:00 Move For Life (AL Studio)  <b>11:00-4:00 'Bring &amp; Take' Clothing Drive (IL Studio)</b>  <b>1:00 Walking Club (Meet in AL Studio)</b>  1:30 Meditation with Dr. Raj (Theater)  1:30 Mexican Train Dominos Game (AL Lounge)  <b>1:30 Community Graffiti Wall Painting (AL Studio)</b>  2:00 BINGO (AL Studio)  <b>2:30 Tie-Dye Social (Patio)</b>  3:30 Happy Hour w Elvis Songs Karaoke (AL Bar)  6:30 Movie Night (Theater)</p>	<p><b>16</b>  <b>10:30 Daily Arcade Game Challenge (AL Studio)</b>  11:00 Move For Life (AL Studio)  <b>10:00-1:00 'Bring &amp; Take' Clothing Drive (IL Studio)</b>  1:00 Mahjong (IL Studio)  <b>1:00 Yahtzee (AL Lounge)</b>  <b>2:00 Elvis Impersonator – Mike Slater Performs! – (AL Studio)</b>  2:00 Canvas Painting with John (IL Studio)  2:30 Spanish for Beginners – Resident Practice Class (IL Cafe)  <b>3:30 Pop Culture Trivia Tuesday with Happy Hour- 60s Movies (AL Bar)</b>  6:30 Movie Night (Theater)  7:00 Poker Night (IL Studio)</p>	<p><b>17</b>  <b>10:30 Daily Arcade Game Challenge (AL Studio)</b>  11:00 Move For Life (AL Studio)  1:00 Bible Share &amp; Care (Theatre)  <b>1:00 Walking Club</b>  1:30 Mexican Train Dominos Game (AL Lounge)  2:00 BINGO (AL Studio)  2:00 Canvas Painting with John (IL Studio)  <b>2:30 Pop Artist Spotlight: ABBA (Theater)</b>  3:30 Happy Hour (AL Bar)  <b>4:30 TV Dinner Revival – Movie Night (Theater)</b>  6:30 Playing Card Bingo (AL Studio)</p>	<p><b>18</b>  <b>10:30 Daily Arcade Game Challenge (AL Studio)</b>  11:00 Move For Life (AL Studio)  <b>1:00 Social Media 101- Facebook (AL Studio)</b>  1:00 Mahjong (IL Studio)  <b>1:00 Yahtzee (AL Lounge)</b>  1:30 Meditation with Dr. Raj (Theater)  <b>2:00 Visit with Alpaca – Sir Erik (AL Studio)</b>  2:00 Canvas Painting with John (IL Studio)  2:00 Beginners Watercolor Painting with Paul (IL Studio)  3:30 Happy Hour (AL Bar)  6:30 Movie Night (Theater)</p>	<p><b>19</b>  <b>10:30 Daily Arcade Game Challenge (AL Studio)</b>  11:00 Move For Life (AL Studio)  <b>1:00 Men's Group-Putt Golf (AL Patio)</b>  <b>1:00 Walking Club</b>  1:00 Mexican Train Dominos (AL Lounge)  1:30 Meditation with Dr. Raj (Theater)  2:00 Playing Card Bingo (AL Studio)  3:30 Happy Hour (AL Bar)  6:30 Movie Night (Theater)  7:00 Evenings with Dan (IL Studio)</p>	<p><b>20</b>  <b>10:15 Ladies Tea Club (AL Studio)</b>  <b>10:30 Daily Arcade Game Challenge (AL Studio)</b>  11:00 Chair Yoga with Kristina (AL Studio)  11:30 Spa Manicures (AL Studio)  <b>1:15 1:15 Classic Sunday Shows: Andry Griffith Show- Ep 3</b>  <b>2:00 Spanish Class with Betsy (IL Studio)</b>  2:00 BINGO (AL Studio)  3:30 Happy Hour (AL Bar)  6:30 Movie Night (Theater)</p>
<p><b>21</b>  <b>10:00 Livestream of Catholic Mass with Communion (IL Lounge)</b>  <b>11:00 Streamed Protestant Service (Theater)</b>  11:00 Chair Yoga with Kristina (AL Studio)  <b>12:30 Walking Club</b>  <b>1:15 Outdoor Games with Ice Cream Soda Social (AL Patio)</b>  2:00 Playing Card Bingo (AL Studio)  3:30 Happy Hour (AL Bar)  6:30 Movie Night (Theater)  7:00 Evenings with Dan (IL Studio)</p>	<p><b>22</b>  <b>10:30 Daily Arcade Game Challenge (AL Studio)</b>  11:00 Move For Life (AL Studio)  <b>1:00 Walking Club</b>  1:30 Meditation with Dr. Raj (Theater)  1:30 Mexican Train Dominos Game (AL Lounge)  <b>1:30 Community Graffiti Wall Painting (AL Studio)</b>  <b>3:15 New Resident Welcome Party (AL Studio)</b>  2:00 BINGO (AL Studio)  <b>3:15 New Resident Welcome Party (AL Studio)</b>  4:00 Happy Hour (AL Bar)  6:30 Movie Night (Theater)</p>	<p><b>23</b>  <b>10:30 Daily Arcade Game Challenge (AL Studio)</b>  <b>11:00 Men's Golf Outing to Marlboro Country Golf</b>  11:00 Move For Life (AL Studio)  1:00 Mahjong (IL Studio)  <b>2:00 Drive-In Movie Theater Themed- Retro Movie Matinee (Theater)</b>  2:30 Spanish for Beginners – Resident Practice Class (IL Cafe)  <b>3:30 Trivia Tuesday Happy Hour- Name That Tune(AL Bar)</b>  3:30 Happy Hour (AL Bar)  <b>6:00 Kalifornia Karl Performs! (AL Studio)</b></p>	<p><b>24</b>  <b>10:30 Daily Arcade Game Challenge (AL Studio)</b>  11:00 Move For Life (AL Studio)  <b>1:00 Walking Club</b>  1:00 Bible Share &amp; Care (Theatre)  1:30 Mexican Train Dominos Game (AL Lounge)  2:00 BINGO (AL Studio)  2:00 Canvas Painting with John (IL Studio)  <b>2:30 Pop Artist Spotlight- The Beatles (Theater)</b>  3:30 Happy Hour (AL Bar)  6:30 Playing Card Bingo (AL Studio)</p>	<p><b>25</b>  <b>10:30 Daily Arcade Game Challenge (AL Studio)</b>  11:00 Move For Life (AL Studio)  1:00 Mahjong (IL Studio)  <b>1:00 Yahtzee (AL Lounge)</b>  1:30 Meditation with Dr. Raj (Theater)  <b>2:00 Line Dancing (AL Studio)</b>  2:00 Canvas Painting with John (IL Studio)  2:00 Beginners Watercolor Painting with Paul (IL Studio)  3:30 Happy Hour (AL Bar)  6:30 Movie Night (Theater)</p>	<p><b>26</b>  <b>10:30 Daily Arcade Game Challenge (AL Studio)</b>  11:00 Move For Life (AL Studio)  <b>1:00 Men's Group- Putt Golf (AL Patio)</b>  <b>1:00 Walking Club</b>  1:00 Mexican Train Dominos Game (AL Lounge)  <b>1:00 Vinyl Record Clock Making (AL Studio)</b>  1:30 Meditation with Dr. Raj (Theater)  2:00 Playing Card Bingo (IL Studio)  3:30 Happy Hour (AL Bar)  6:30 Movie Night (Theater)  7:00 Evenings with Dan (IL Studio)</p>	<p><b>27</b>  <b>10:15 Ladies Tea Club (AL Studio)</b>  11:00 Be Fit with McKayla (AL Studio)  11:30 Spa Manicures (AL Studio)  <b>1:00 Outdoor Games with Ice Cream Bars Social (AL Patio)</b>  <b>2:00 Spanish Class with Betsy (IL Studio)</b>  2:00 BINGO (AL Studio)  3:30 Happy Hour (AL Bar)  6:30 Movie Night (Theater)</p>
<p><b>28</b>  <b>10:00 Livestream of Catholic Mass with Communion (IL Lounge)</b>  <b>11:00 Streamed Protestant Service (Theater)</b>  11:00 Be Fit with McKayla (AL Studio)  <b>12:30 Walking Club</b>  <b>1:15 Classic Sunday Shows: Andry Griffith Show- Ep 4</b>  2:00 Playing Card Bingo (AL Studio)  3:30 Happy Hour (AL Bar)  6:30 Movie Night (Theater)  7:00 Evenings w Dan (IL Studio)</p>	<p><b>29</b>  <b>10:30 Daily Arcade Game Challenge (AL Studio)</b>  11:00 Move For Life(AL Studio)  <b>1:00 Walking Club</b>  <b>1:00 Album Cover Recreation (IL Studio)</b>  1:30 Meditation with Dr. Raj (Theater)  1:30 Mexican Train Dominos Game (AL Lounge)  2:00 BINGO (AL Studio)  3:30 Happy Hour (AL Bar)  6:30 Movie Night (Theater)</p>	<p><b>30</b>  <b>10:30 Daily Arcade Game Challenge (AL Studio)</b>  <b>11:00 Luncheon trip to Kimball's Farm</b>  11:00 Move For Life (AL Studio)  1:00 Mahjong (IL Studio)  <b>1:00 Yahtzee (AL Lounge)</b>  <b>2:00 Presentation on What's Trending: Latest Pop Culture Trends (Theater)</b>  2:30 Spanish for Beginners(IL Cafe)  <b>3:30 Pop Culture Trivia Happy Hour (AL Bar)</b>  6:30 Movie Night (Theater)  7:00 Poker Night (IL Studio)</p>	<p><b>31</b>  <b>10:30 Daily Arcade Game Challenge (AL Studio)</b>  11:00 Move For Life (AL Studio)  1:00 Bible Share &amp; Care (Theatre)  <b>1:00 Walking Club</b>  1:30 Mexican Train Dominos Game (AL Lounge)  2:00 BINGO (AL Studio)  2:00 Canvas Painting with John (IL Studio)  <b>2:30 Pop Artist Spotlight- Taylor Swift (Theater)</b>  3:30 Happy Hour (AL Bar)  6:30 Playing Card Bingo(AL Studio)</p>	<p style="text-align: center;"><b>Coffee &amp; Conversations</b>  <b>Monday -Friday in AL Lounge at 10:30AM</b></p> <p style="text-align: center;"><b>Grab a buddy and enjoy some coffee &amp; conversations.</b></p>		<p style="text-align: center;"><b>THEME OF THE MONTH</b></p> <p style="text-align: center;"><b>POP CULTURE</b></p>